

Adult Co-Ed Volleyball Rules

Player Eligibility/Roster

1. All participants must be at least 15 years of age.
2. All players must wear athletic, close-toed shoes.
3. All players must be listed on a roster for the league.

Game Rules

1. Matches are best 2 out of 3 games. First two games will be to 25 points, win by two. If a 3rd game is needed, it will be played to 15, win by two.
2. Rally scoring will be used for the entire match.
3. There will be a 10-minute warm-up before the start of each game.
 - a. Example: Game start time is 4:45pm. Warm up time is 4:45-4:55pm. Official game start time is 4:55pm.
4. There will be a 45-minute time limit for each match. Each team will be allowed two 30 second timeouts per game.
 - a. A running clock will be used.
 - b. If the clock runs out and set is tied, the team that is currently serving will be allowed one last serve. If they do not want to serve, the match will end.
5. Substitutions are allowed any time play is dead.

Co-Ed Rules

1. Net height is 7'8".
2. There must not be more males than females on the court.
3. When the ball is played more than once by a team there will be no enforcement on gender order.
4. The serving order and positions on the court at service shall be male and female alternated or vice-versa.

Other

1. The City of Marshfield Parks and Recreation department will provide an official for games.
2. One team must provide a volunteer to keep score.

All other rules will follow USA Volleyball guidelines.

The City of Marshfield Parks and Recreation Department has the right to modify or change rules at any given time.